



## Challenge Course Suggested Gear List

- Closed toed-shoes (Sneakers or hiking boots preferred)
- Water bottle(s) (If your program is 4 or more hours, you may want to bring 1 or more liters of water)
- Snacks (optional) – please let Camp Mokule‘ia, Inc. know if your group will be bringing snacks
- Clothing: Clothing that you can be comfortable in while wearing a harness for several hours. For example, short shorts, spaghetti straps, tube tops, etc. will leave you wishing that you had put on more clothes. Make sure you are prepared for it to rain as well – a simple poncho or wind breakers should be sufficient.
- Sunscreen (highly suggested)
- Camera (Optional)
- Smiles (Required!)